

VISUAL FUNCTION QUESTION INVENTORY FOR ADULTS

Name..... Date of Birth.....

About this set of questions

Vision is not only about how well our eyes can see but also about the ability of our brains to make sense of what we are looking at. The brain needs to use the visual information from our eyes to make sense of the world in many different ways such as:

- Judging where objects are and guiding our hands to touch them
- Judging distances or the evenness and tilt of a surface so that we know where to put our feet on the ground
- Judging edges, boundaries and height differences between surfaces
- Fixing on moving objects and following them with our eyes
- Recognising what we are looking at by comparing it to visual memories
(eg objects, faces, facial expressions, words)
- Picking out a particular item or person in a group
- Finding our way around familiar places or following routes we know

- Telling us what is real and what is a visual memory. When this goes wrong we may see things that aren't really there (hallucinations) or see things repeated in our vision or distorted in colour, shape or movement.
- Using our field of vision (whole area of vision): damage to the seeing parts of the brain can prevent us using part or all of our field of vision even if the eyes are working normally.

The aim of these questions is to find out if there are any aspects of your vision you are having difficulty with. It is very helpful to think about the answers with a close friend, relative or carer. The questions are designed to cover a range of conditions so some questions may seem a little odd.

If your answers to these questions show that you are having difficulties with your vision, then these will be addressed by explaining them and by giving you ideas as to how to cope with them.

HISTORY

Please can you explain when you developed visual issues, and what you understand may have caused them.

QUESTIONS

Please tick all the statements you think apply to you,

and add any comments that you wish to.

Are you right or left handed?.....

Recognising people and objects

1. Do you have difficulty recognising relatives in real life?
2. Do you have difficulty recognising relatives from photos?
3. Do you ever think strangers are people you know?
4. Do you have difficulty reading people's facial expressions?
5. Do you have difficulty recognising shapes?
6. Do you have difficulty recognising objects?

Getting around

7. Do you have difficulty with floor boundaries (eg where lino meets carpet)?
8. Do you have difficulty with edges of pavements or kerbs?
9. Do you have difficulty walking down stairs?
10. Do you have difficulty with uneven ground?
11. Do you have problems going down a hill?
12. Do you trip over objects or obstacles on the floor?
13. Do you bump into low furniture (eg coffee tables)?
14. Do you have difficulty with doorframes or partly open doors?

15. Do you walk out in front of traffic without seeing it? (to which side?)
16. Do you get lost even in familiar places or on routes you know well?
17. Do you have difficulty getting around supermarkets?

Looking at complex visual scenes

18. Do you have difficulty seeing things which are pointed out in the distance?
19. Do you have difficulty spotting a friend or relative who is standing in a group?
20. Do you have problems finding items in a supermarket?

Reaching out for objects

21. Do you have difficulty reaching for or picking up objects accurately?

Finding things

22. Do rooms with clutter cause you difficulty?
23. Do you have difficulty finding an item of clothing in a pile of clothes?
24. Do you often lose things?

Concentrating

25. Do you have difficulty keeping to task for more than 10 minutes?
26. Do you have difficulty getting back to a task after being distracted?
27. Do you bump into things if you move around and talk at the same time?

Eating

28. Do you leave food on the left or right of the plate?

Watching TV or films and moving objects

29. Do you sit close to the TV (less than 30cm)?

30. Do you have difficulty seeing fast-moving TV and film images?

31. Do you have difficulty seeing things which are moving quickly eg passing cars, footballs?

Reading and writing

32. Do you have difficulty finding the beginning of the line?

33. Do you have difficulty finding the next word?

34. Do you have difficulty if there is too much on a page?

35. Do you have difficulty with only one side of the page? If so, which?

36. Do you find copying words or drawings difficult or time consuming?

Your eyes playing tricks on you

37. Do your eyes play tricks on you? If so, in what way?

38. Do you see things which aren't really there/which other people can't see?

39. Do colours appear wrong, washed out or black and white?

40. Do you see things multiplied in your vision?

41. Do you see things again after you have stopped looking at them?
42. Do you have difficulty seeing things that are moving or see them as freeze-frame images?
43. Do you find you can't see things but you can still walk around them or point at them?
44. Can you see things only when they are moving?

General Questions

Do you, your family or friends and carers have any concerns about the way you see things which haven't been covered above?

If so, what are they?

Please tick any of the items below if they are causing you difficulties, and add comments if you wish to.

Tiredness

Tension / stress

Emotional issues like feeling angry or upset

Work in the afternoon being harder than the morning

Being in crowded places

Moving through crowded places

Noisy environments

Relating to other people